

**Menu 2 Nursery Weekly Menu for 2 - 3 May 2019**

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Porridge				-	Porridge
	Additives				-	Jam
						-
	Meal				Croissant with ham and cheese	-
	Vegetarian (optional)				Croissant with tomato and cheese	Sandwich with cheese
	snack				Orange snack	Cucumber snack
	Drinks				Beverage assortment	Beverage assortment
Breads				-	-	
Lunch	Main dish				Thai beef soup (GF,LF)	Sweet and sour pork sauce (LF)
	Vegetarian (optional)				Patato cream soup with mushrooms (GF)	Cabbage schnitzel with cheese
	Side dish/ dessert				-	Potato puree (GF)
					-	-
					Curd cream with berries (GF)	-
	Salads				-	Carrot
	Breads				Bread assortment (2 choices)	Bread assortment (2 choices)
Drinks				Beverage assortment	Beverage assortment	
Afternoon snack	Main dish				-	Meat patty
	Vegetarian (optional)				Vegetable wok with rice noodles	Cabbage patty
	Side dish/ salad/vegetable snack				-	-
					-	-
	Drinks				Carrot snack	Kiwi snack
	Breads				Beverage assortment	Beverage assortment
				Bread assortment (2 choices)	-	

For more information on the name of the food and allergenic or intolerable ingredients, please ask the chef or send an e-mail to [evelyn.bauman@balticrest.com](mailto:evelyn.bauman@balticrest.com).

Drinking water is available free of charge every day in the school canteen. We offer up to 0.25 litres of milk or dairy products a day per student.

We have joined the European School Milk and Fruit Programme. Marking: GL-gluten free; LF-lactose free.